

Spitfire Judo Club

Presents

The Folkestone Open Judo Championships 2010 Sunday 7th. March

Folkestone Sports Centre, Radnor Park, Folkestone CT19 5HX

WEIGH-IN TIMES: Under 8's – 9.00am - 9.30am
Seniors (16 years & over) – 9.30am – 10.00am
Under 16's – 10.00am – 10.30am

ENTRY FEE: Competitors £12.50 (Cheques made payable to: Spitfire Judo Club.)
Spectators – Free of charge

International Budo federation/IJF rules will apply plus IBF under eight (8) regulations – No lifting techniques, e.g. hip or standing shoulder throws.

No arm locks and strangles for under 16yrs.

Note: Organisers reserve the right to amalgamate categories if required.

Please enter category & weight group on entry form / entries may be returned if incomplete / contact telephone number essential / golden throw, pool –knockout & repercharge in use. Senior Referee & Organiser's decision will be final and the organisers will accept no responsibility for loss or damage or any claims arising from this event. Competitors should have adequate personnel insurance.

Please note: Your entrance to this competition signifies your acceptance of the above disclaimer.

Please send all entries to: Colin Carrott, 71 Downs Road, Folkestone, Kent. CT19 5PW
(Tel: 01303 258942) (Fax: 01304 850607) (e-mail: delmaine@aol.com)

For further information, contact Colin Carrott or Colin Ogburn (07870 822510)

All entries must be received by Monday 1st. March – **No late entries.**

FEMALE WEIGHTS			
Junior	Junior	Junior	Seniors
Category 1	Category 2	Category 3	Category 4
5,6,7 yrs	8 yrs to 11yrs	12yrs to 15yrs	16yrs & over
-21			
-23			
-25	-25		
-27	-27		
-31	-31		
O31	-34		
	-37		
	-40	-40	
	-44	-45	
	-48	-50	
	-52	-55	
	-57	-60	
	-63	-65	Matched on the day
	O63	OVER 65	

MALE WEIGHTS			
Junior	Junior	Juniors	Seniors
Category 5	Category 6	Category 7	Category 8
5,6,7 yrs	8 yrs to 11yrs	12yrs to 15yrs	16yrs & over
-21			
-23			
-25	-25		
-27	-27		
-30	-30		
O30	-33		
	-36		
	-40		
	-45	-45	
	-50	-50	
	-55	-55	
	-60	-60	
	-65	-65	
	O65	-70	
		OVER 70	
			Matched on the day

Individual entry form								
Name						Age/D.o.b		
Address								
Address								
Telephone/fax						Email		
Club						Coach		
Category			Weight			Entry fee		
Additional information								

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INTERNATIONAL BUDO FEDERATION

CODE OF PRACTICE FOR 5,6,7 YEAR OLDS

TIME OF BOUT:

EACH BOUT SHOULD LAST A MAXIMUM OF 1.1/2 MINUTES.

HOLD-DOWNS:

EACH HOLD DOWN WILL BE FOR A MAXIMUM OF 20 SECONDS AND WILL BE SCORED AS FOLLOWS: - 5-9 SECONDS SCORES KOKA; 10-14 SECONDS SCORES YUKO; 15-19 SECONDS SCORE WAZARI AND 20 SECONDS SCORES IPPON.

PENALTIES:

THERE WILL BE NO PENALTIES BUT WARNINGS WILL BE GIVEN. HOWEVER, SHOULD THERE BE A PERSISTENT BREACH OF RULES THEN A LOW PENALTY WILL BE GIVEN.

TERMINOLOGY:

ALL TERMINOLOGY WILL BE IN ENGLISH AND JAPANESE.

TECHNIQUES NOT ALLOWED:

NO LIFTING TECHNIQUES WILL BE ALLOWED I.E KATA GARUMA, HIGH LIFTING HIP THROWS AND STANDING SHOULDER THROWS AS THESE PUT TOO MUCH STRESS ON THE CHILDREN. WHEN GROUND HOLDS ARE IN EFFECT THE NECK MUST NOT BE COMPRESSED.

STRESS:

IF A CHILD IS CRYING OR SUFFERING WHILST ON THE MAT THEN THE REFEREE WILL STOP THE CONTEST. CHILDREN UNDER STRESS MUST HAVE ACCESS TO A COACH OR OTHER RESPONSIBLE ADULT AFTER LEAVING THE MAT. COACHES OR PARENTS MUST NOT APPROACH THE TABLE OFFICIALS THEY SHOULD APPROACH THE COMPETITION ORGANISER OR SENIOR REFEREE.

IF THE CHILD CONTINUES TO BE UNDER DURESS. THEN THEY WILL BE WITHDRAWN FROM THE COMPETITION BY THE OFFICIALS.

REFEREES~

THERE WILL BE ONE REFEREE PER MAT SO AS NOT TO OVERWHELM THE CHILDREN. REFEREES MUST BE AWARE THAT JUDO FOR 5,6 AND 7 YEAR OLDS MUST BE LIGHT HEARTED AND THEY SHOULD NOT BE OFFICIOUS
